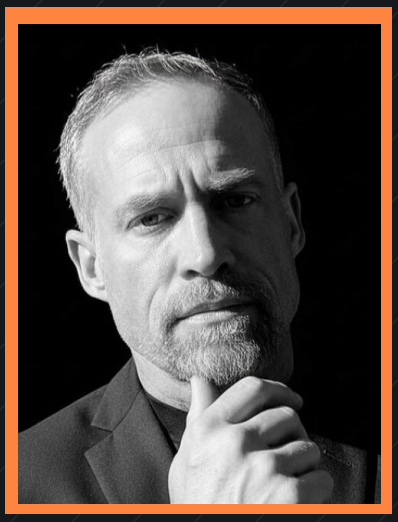
SAFETY FRACTION

Bilingual safety keynotes

A safety message every trade can take back to the job.



Ted Garling, Ed.D., M.S., CSP

ENGLISH · SPANISH · ON-SITE OR VIRTUAL

Ted Garling brings field safety experience and workforce training to project milestones and industry events. Talks focus on human performance, speaking up, and shared responsibility across trades and languages.

For project milestones and industry events

- Groundbreakings
- Topping-out ceremonies
- Commissioning milestones
- Safety weeks and stand-downs
- Conferences and conventions



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Signature keynote topics

01 **Speaking the Same Language**
How to help multilingual crews raise concerns, check understanding, and act on the same safety message.

02 **Beyond the Hard Hat: Worker Well-Being**
A no-stigma talk on substance misuse and addiction, sleep deprivation, and work-life balance, with practical habits for healthy eating and regular exercise.

03 **One Safety Culture**
How owners, supervisors, and specialty trades can set shared expectations on complex jobsites.

Delivery options

Choose a keynote in English or Spanish, or separate sessions in both languages. Ted tailors examples to your project phase and audience.

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EVENT PLANNER'S GUIDE

Match the talk to the moment

Start with what the audience will be doing after the event. Choose the talk that fits the job phase and the message you want crews and supervisors to carry back into the field.

01 Groundbreaking or kickoff

Set shared expectations before multiple trades mobilize. Choose One Safety Culture for a common message across craft, supervisors and leadership.

02 Topping-out or safety stand-down

Use Speaking the Same Language to reinforce how English- and Spanish-speaking crews raise concerns and check understanding.

03 Commissioning or conference

Use Beyond the Hard Hat for a conversation on fatigue, substance misuse, and sustainable habits during demanding work periods.

Have these details ready

Event date or date range, audience and approximate size, project phase, preferred language, and the one message you want people to remember.



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